# DEVELOPMENT AND QUALITY EVALUATION OF OYSTER MUSHROOM (*PLEUROTUS OSTREATUS*) FLOUR BASE NOODLES PRODUCT



## P.N.G.V.JAYANATH



# DEPARTMENT OF BIOSYSTEMS TECHNOLOGY FACULTY OF TECHNOLOGY EASTERN UNIVARSITY SRI LANKA

**DECEMBER 2021** 

### **ABSTRACT**

Mushrooms are essential food in human nutrition since they have a high protein, mineral, and vitamin content, as well as a low fat and energy content. They provide a protein supply for people who are unable to ingest animal foods for various reasons. They're also thought to be a beneficial dietary product because of their low fat and energy content. Mushrooms are taken for medical reasons as well as for edible purposes. Because of its short shelf life and perishability, all the variety of mushrooms cannot be stored for a long time. Mushrooms have a high moisture content and are sensitive, then they can only be stored for 24 hours at room temperature (25°C to 3'0°C). As a result, postharvest activities require extra attention.

Noodles are the most popular food item among all age groups, with a long shelf life and high commercial value. The present study was conducted to compare nutritive value of developed oyster mushroom flour base noodles sample with that of control noodles sample. Oyster mushroom was selected as mushroom variety and T1-oyster mushroom flour 0:100 wheat flour, T2- oyster mushroom flour 10:90 wheat flour, T3- oyster mushroom flour 20:80 wheat flour, T4- oyster mushroom flour 30:70 wheat flour and T5- oyster mushroom flour 50:50 wheat flour were used as different ratio for prepared the oyster mushroom noodles product.

Physico-chemical analysis was conducted using AOAC Methods to determine the moisture content, protein content, fat content, ash content and pH of oyster mushroom flour base noodles product. Sensory evaluation was conducted to evaluate organoleptic characteristics of the same. The appearance, color, taste, texture, aroma and overall acceptability were evaluated using a nine-point hedonic scale. Significance differences at 5% level were observed in physico-chemical composition viz moisture content, protein content, fat content, ash content, and pH of oyster mushroom flour base noodles products. The sensory evaluation is revealed by comparative graph for evaluate the color, taste, texture, aroma and overall acceptability.

The results revealed that T2 noodles sample (mushroom flour 10: wheat flour 90) has the highest appearance, color, texture, taste, and aroma, therefore, the overall acceptance. According to Tukey test, T5 noodles sample (mushroom flour 50: wheat flour 50) showed the best results in physico-chemical analysis among the four oyster mushroom flour base noodles sample and the control one; whereas the T2 noodles sample (mushroom flour 10: wheat flour 90) was the best compared to other mushroom noodles sample and with control noodles sample based in Physico-chemical and organoleptic qualities.

Therefore, it can be concluded that the T2 mushroom noodles (oyster mushroom flour 10:90 wheat flour) sample is the best for maintaining the physico-chemical and organoleptic qualities. Oyster mushroom flour base noodles product was enhanced value of mushrooms and enrich the noodles product.

# CONTENT

ABSTRACT	i
ACKNOWLEDGEMENT	iii
CONTENT	V
LIST OF TABLES	viii
LIST OF FIGURES	ix
ABBREVIATION	X
CHAPTER 01 INTRODUCTION	1
1.1 Background	1
1.2 Research problems	3
1.3 Objectives of the study	3
CHAPTER 02 LITERATURE REVIEW	5
2.1 Mushrooms	5
2.2 Morphology of mushrooms	6
2.3 Ecological Classification of Mushrooms	7
2.4 Edible mushrooms	7
2.4.1 Oyster mushroom	8
2.4.2 Scientific classification of oyster mushroom	9
2.4.3 Biology of oyster mushroom	9
2.4.4 Varieties of Oyster Mushrooms	10
2.4.5 Nutritional value of oyster mushroom	10
2.4.6 Health benefits of oyster mushroom	13
2.4.7 Mushroom Production	13
2.4.8 Mushroom production in the world	14
2.4.9 Post Harvested Treatment	15
2.4.10 Value added mushroom products	16
2.5 Noodles	16
2.5.1 Noodles consumption in the world	18
2.5.2 Ingredients of noodles production	18
2.5.2.1 Flour	18
2.5.2.2 Water	19
2.5.2.3 Salt	19
2.5.3 Noodles production	19
CHAPTER 03 MATERIALS AND METHODS	21
3.1 Materials	21
3.1.1 Materials used for this study	21
3.1.2 Material collection	21

3.2 Method	. 22
3.2.1 Preparation of mushroom flour	. 22
3.2.2 Preparation of mushroom flour base noodles	. 22
3.3 Nutritional and Organoleptic Qualities Analysis of Oyster Mushroom Flour Base Noodles Products	
3.3.1 Sensory analysis of Oyster Mushroom Flour Base Noodles Products	. 23
3.3.1.1 Materials used for the sensory analysis	. 24
3.3.1.2 Sensory panelist and Serving of mushroom flour base noodles samples	. 24
3.3.2 Physico-chemical Analysis of Oyster Mushroom Flour Base Noodles Produc	
3.3.2.1 Determination of moisture content	. 25
3.3.2.1.1 Principle	. 25
3.3.2.1.2 Materials	. 25
3.3.2.1.3 Procedure	. 26
3.3.2.1.4 Calculation	. 26
3.3.2.2 Determination of protein content	. 26
3.3.2.2.1 Principle	. 26
3.3.2.2.2 Materials	. 27
3.3.2.2.3 Procedure	. 28
3.3.2.2.4 Calculation	. 28
3.3.2.3 Determination of fat content	. 29
3.3.2.3.1 Principle	. 29
3.3.2.3.2 Materials	. 29
3.3.2.3.3 Procedure	. 30
3.3.2.3.4 Calculation	. 30
3.3.2.4 Determination of ash content	. 31
3.3.2.4.1 Principle	. 31
3.3.2.4.2 Materials.	. 31
3.3.2.4.3 Procedure	. 31
3.3.2.4.4 Calculation	. 32
3.3.2.5 Determination of pH content	. 32
3.3.2.5.1 Principle	. 32
3.3.2.5.2 Materials	. 33
3.3.2.5.3 Procedure	. 33
3.4 Statistical Analysis	. 34
CHAPTER 04 RESULTS AND DISCUSSION	. 35
4.1 Nutritional and Organoleptic Qualities Analysis of Oyster Mushroom Flour Base Noodles Products	. 35

4.1.1 Physico-Chemical Qualities of Oyster Mushroom Flour Base Noodles Products
4.1.1.1 Moisture Content
4.1.1.2 Protein Content
4.1.1.3 Fat Content
4.1.1.4 Ash Content
4.1.1.5 pH Value
4.1.2 Organoleptic Qualities Analysis of Oyster Mushroom Flour Base Noodles Products
4.1.2.1 Appearance
4.1.2.2 Color
4.1.2.3 Texture
4.1.2.4 Taste
4.1.2.5 Aroma
4.1.2.6 Overall acceptability
CHAPTER 05 CONCLUSION
SUGGESTION FOR FUTURE RESEARCH
REFERENCE 48
APPENDICES I

# LIST OF TABLES

Table 2.1 : Oyster mushroom Nutritional value per 100g	10
Table 2.2: Mushroom production in the world	14
Table 2.3: Noodles consumption in the world	18
Table 4.1: The Moisture content of Oyster Mushroom Flour Base Noodles	
Products	. 36
Table 4.2: The protein content of Oyster Mushroom Flour Base Noodles	
Products	. 37
Table 4.3: The Fat content of Oyster Mushroom Flour Base Noodles Product	ts
	. 38
Table 4.4: The ash content of Oyster Mushroom Flour Base Noodles Product	ts
	. 40
Table 4.5: The pH content of Oyster Mushroom Flour Base Noodles Product	s41

# LIST OF FIGURES

Figure 2.1. Morphology of mushrooms	6
Figure 3.1 Different ratios oyster mushroom flour base noodles samples	23
Figure 3.2 Organoleptic Qualities Analysis of Oyster Mushroom Flour Base	
Noodles Products	25
Figure 3.3 Final result of protein test at Bio systems technology department	
laboratory	29
Figure 3.4 Soxhlet apparatus method at agricultural chemistry department	
laboratory	31
Figure 3.5 Muffle furnace at Bio systems technology laboratory	32
Figure 3.6 pH test at Bio systems technology department laboratory	33
Figure 4.1 Moisture content of oyster mushroom noodles each treatments	36
Figure 4.2 Protein content of mushroom flour noodles each treatments	38
Figure 4.3 Fat content of oyster mushroom flour noodles each treatments	39
Figure 4.4 Ash content of mushroom flour noodles each treatment	40
Figure 4.5 The appearance of oyster mushroom flour base noodles	42
Figure 4.6 The color of oyster mushroom flour base noodles	42
Figure 4.7 The texture of oyster mushroom flour base noodles	43
Figure 4.8 The taste of oyster mushroom flour base noodles	44
Figure 4.9 The aroma of oyster mushroom flour base noodles	44
Figure 4.10 The overall acceptability of oyster mushroom flour base noodles	45