

Eastern University, Sri Lanka

Faculty of Commerce and Management

Second Year Second Semester Examination in BBA Hons and B Com Hons – 2020/2021

(July/Aug 2023)

Proper/Repeat

AUX 2041 Career Progression II

Answer All Questions

Time: One Hour

Q1.

Select the most appropriate answer for the following Multiple-Choice Questions from the options given below and write the letter of the chosen answer in your answer script.

1. Which of the following best describes career exploration?
 - a. Finding a job just to earn money
 - b. Exploring different career options to make an informed choice
 - c. Sticking with the career chosen by parents or friends
 - d. Pursuing a career based solely on passion without considering practicality
2. "Self-awareness is an important aspect of personality development". It refers to:
 - a. Understanding and recognizing one's own emotions, thoughts, and behaviours.
 - b. Being aware of others' opinions and judgments.
 - c. The ability to influence and manipulate others.
 - d. Having a strong sense of self-confidence.
3. People who score high on the Big Five trait of conscientiousness are typically:
 - a. Careless and disorganized
 - b. Impulsive and spontaneous
 - c. Reliable and responsible
 - d. Indifferent and apathetic
4. Attitudes are:
 - a. Deeply held beliefs about right and wrong.
 - b. Feelings and emotions that influence behaviour.
 - c. Mental frameworks used to process information.
 - d. Evaluations or opinions about people, objects, or situations.

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5. Which of the following is NOT a characteristic of a positive attitude?
 - a. Being open-minded and adaptable.
 - b. Maintaining a fixed and rigid perspective.
 - c. Being grateful and appreciative.
 - d. Seeking solutions rather than dwelling on problems.
6. Why is reflective practice important in personal and professional development?
 - a. It guarantees immediate success and recognition.
 - b. It helps in avoiding any mistakes or errors in the future.
 - c. It leads to a deeper understanding of oneself and continuous improvement.
 - d. Reflective practice is irrelevant in personal and professional development.
7. What role does emotional intelligence play in reflective practices?
 - a. Emotional intelligence hinders the ability to reflect objectively.
 - b. Reflective practices are irrelevant to emotional intelligence.
 - c. Emotional intelligence enhances self-awareness during reflection.
 - d. Emotional intelligence is a fixed trait and cannot be developed through reflection.
8. What role do educators and parents play in shaping adolescents' future orientation?
 - a. They can't influence future orientation as it's an innate trait.
 - b. Parents and educators must make all future decisions for adolescents.
 - c. They can provide guidance, support, and information to help develop positive future orientation.
 - d. Parents and educators are solely responsible for ensuring future success.
9. Which of the following best describes resilience in the context of personality development?
 - a. Avoiding all challenges and difficulties to maintain a peaceful life.
 - b. Bouncing back and adapting positively to adversity and setbacks.
 - c. Ignoring emotions and stress to maintain a stoic demeanor.
 - d. Never expressing vulnerability or seeking help from others.
10. Which of the following is a sign of poor work-life balance?
 - a. Feeling satisfied and fulfilled with both work and personal life.
 - b. Regularly working long hours with no time for personal activities.
 - c. Having a healthy social life outside of work.
 - d. Prioritizing personal commitments over work deadlines.

11. How should you react if someone forgets to introduce you when you are in a group of people you have not met?
- Take offense, how dare they forget to introduce you!
 - Stand quietly and never say anything.
 - Push your way into the conversation.
 - Wait for a convenient time to introduce yourself.
12. The most important goal of business communication is
- favourable relationship between the sender and receiver.
 - organizational goodwill.
 - receiver response.
 - receiver understanding.
13. How can effective communication skills contribute to personality development?
- They enable individuals to dominate conversations and control others.
 - They foster healthy relationships and understanding with others.
 - They discourage social interactions and lead to isolation.
 - Communication skills have no bearing on personality development.
14. How can spirituality impact personality?
- It can foster a sense of purpose and meaning in life.
 - It can enhance empathy, compassion, and prosocial behaviours.
 - It can promote personal growth and self-awareness.
 - All of the above.
15. According to Holland's six personality types, those who like to solve problems, perform experiments, and conduct research are;
- Artistic
 - Social
 - Realistic
 - Investigative

(Total 15 x 03 = 45 Marks)

3/5/2023

Q2.

- a) **Define** the term “personality development” and specify the importance of it. (05 Marks)
- b) “*The single biggest problem with communication is the illusion that it has taken place*”.
Identify some barriers which can hinder effective communication. (05 Marks)
- c) **Briefly describe** the attributes of a positive mindset. (05 Marks)
- (Total 15 Marks)**

Q3.

- a) **Explain** what is meant by reflective practice using an example of your own life. (06 Marks)
- b) **List out** the reasons that contribute to the conflict between work and family life for an individual. (06 Marks)
- c) **Briefly explain** four different dimensions of social responsibility. (08 Marks)
- (Total 20 Marks)**

Q4.

- a) **Briefly explain** emotional intelligence and its components. (08 Marks)
- b) **Describe** why soft skills are important in today’s workplace and career success by providing examples of it. (06 Marks)
- c) **Outline** some meeting etiquette practices for a professional setting. (06 Marks)
- (Total 20 Marks)**

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21/07/22