EASTERN UNIVERSITY, SRI LANKA

Second Year Second Semester Examination in BBA /BCOM 2017/2018 (January 2020) (Proper/Repeat)

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Title of Pap	er

Index Number (Write very clearly)

AUX 2041 Career Progression II

Time: One Hour		Answer all questions
Directions to Candidates	For Exami	ner's Use only
(1) Write on both sides of the paper. (2) write the Number of each question at the top of each page in the	Question No	Marks
space provided (3) Cross out all rough work and blank pages. (4)Fasten any supplementary paper, books, outline maps etc. at the end of this book so that it may provide continuous reading matter to the examiner. (5)	Q ₁	
Do not tear off any part of this answer book. (6) In no circumstances must this book, used or unused be removed from the Examination hall by a Candidate (7) Any candidate who is found to be in possession of any	Q ₂ Q ₃	,
written, printed or pictorial matter not authorized by the Registrar will be required to give an explanation in writing, may be excluded from the examination hall and will be reported to the Vice-Chancellor.	Q4	
For use of Candidates		
Write here the NUMBERS OF THE ANSWER in the order in which they have been writeen.	*	
Number of books enclosed and any other annexure such as maps, graph paper etc.		
This book should be handed over personally to the Invigilator. It should not be left behind on the desk.	TOTAL	
		The Marie I

	Under	line the	e correct answer in the MCO		
Q1.	i)	In th		ion a	about yourself that you don't know
		a.	hidden self.	c.	blind self.
		b.	open self.	d.	unknown self. (Marks 3
	ii)	Inter	personal communication is com	nuni	cation between two people who
		a.	are aware of one another.	c.	are connected in some way.
		b.	share a relationship.	d.	All of the above. (Marks 3
	iii)	"Rigia.	ht away," "later," and "in a minu adjusted.	te" aı	re informal time terms that are ambiguous.
		b.	unambiguous.	d.	irreversible.
					(Marks
	iv)	When	n you move information from the affirming.	e hide c.	den self into the open self, you're empowering.
		b.	depressed.	d.	self-disclosing. (Marks 3
	v)	To 1	isten effectively, it is import and the listener's exp	ant oecta	to be aware of both the speak
		a.	Culture	c.	Gender
		ь.	Communication competence	d.	Idiolect (Marks 3
	vi)	One comn	of the three obstacles standinunication is	ng	in the way of effective emotio
		a.	emotional contagion.	С	emotional appeal.
		b.	inadequate emotional maturity.	d.	inadequate interpersonal skills.
	vii)	To in	crease your self-awareness, you	shou	ld (Marks
		a.	listen to others.	c.	seek out information to reduce you blind self.
		b.	increase your open self.	d.	All of the above (Marks 3

viii)	A wo	orkplace mentor			
	a. b.	trains a person who is less experienced shares information openly.	c.	for success.	iques
				. (Mar	·ks 3)
ix)	Peop	le from Generation Y are known a	as th	,	**************************************
	a.	iGen	c.	Echo Boomers	i digentifi
	b.	Millennials	d.	All are correct	
		1.441.441.441.4			·ks 3)
	""	*. 1*. 22 C			
x)	a.	rituality" refers to the search for significance, thro shared belief system.	ough	the sacred, within the context	of a
	b. с.	a god. that unsatisfiable, deepest defindividuals deal with that desire		within everyone, and the v	vays
	d.	the religion that one adopts as the	neir (
xi)		ch of the following terms refers to se an emotional response for or ag		e ideals, beliefs, norms, and etho	s that
	a.	Ethical climate	c.	Personal ethics	
	b.	Community values	d.	Organizational ethics	dra 2)
xii)		educational domain that relates to ncerned with changes or growth in		emotional component of learning	ks 3) g, and
	a.	Psychomotor domain.	c.	Affective domain.	
	b.	Communicative domain	d.	Cognitive domain.	
				(Mar	rks 3)
xiii)	Wha	at are the main causes of the obesit	ty ep	idemic?	
	a.	Decreased leisure time activity	c.	Changes in genetic profiles	
	b.	Increased energy quantity/density and a more sedentary life-style	d.	None of the options given is co	rrect
		statimi, iiie oijie		(Ma	rks 3)

	xiv)	breathing	ent system of ph g, physical postu unity with the Ab	ıres, meditat	ion,	and other p	at involves oractices o	s controlled designed to
		a. Pi	lates		c.	yoga		
		b. ta	i chi		d.	aerobics		(Marks 3)
	(xv)	What wi	ill be the BMI of a	male whose	weig	tht is 89 kg and	d height is	172 cm
		a. 30	6		c.	33		
		b. 3	0		d.	271		(Marks 3)
							(Tota	l 45 Marks)
Q2.	a)	relation	ship with themselvente Johari window	ves and others and its impor	'. tanc	e at the work-p	place.	(Marks 10)
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b)	'Generation Y is thought to be more family-oriented and willing to sacrifice
	career advancement for a better work/life balance'.
	Describe the characteristics of Gen Y and what are their importance to
	workplace?
	(Marks 10)
	(17401 RS 10)

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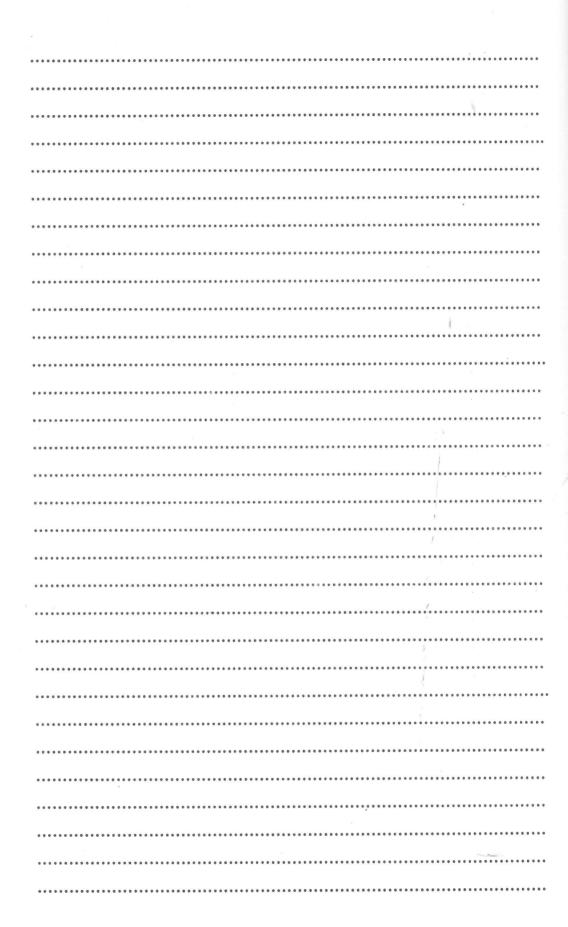
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	(Total 20 Marks)
a)	'Effective learning is seen when a person progresses through a cycle'. Explain
	the Kolb's experiential learning cycle with an example.
	(Marks 10)
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b)	'A positive attitude is mental outlook of optimism and of expecting good things
	to happen'. Explain the benefits and the activities to develop the Positive attitude
	at work place.
	(Marks 10)

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			(Total Marks 20)
Q4.	Write	e short notes on the followings:	f -
	i.	Spirituality and work life balance	
	ii.	Body mass index	<i>i</i>
	iii.	Professional Attire	
			(Marks 15)

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(Total 2	0 Marks)