

Efficacy of Parankippadaichoornam and Karappathailam in Karappannoi (Eczema)

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Abstract

The disease is caused by excessive intake of fish, mutton, low grade food materials like varagu, thinnai, rhizomes, and living in hot, cold weather, some poisonous bites, and hereditary. In books siddha maruthuvam special, Agasthiyar 2000 and Pararasasegaram the following symptoms are cited for this disease they are itching, Appearance of vesicles, bullae, macules, papules, pustules and watery or purulent discharge, thickening of the epidermis of the skin, appearance of grey coloured scales. It is mentioned that parankippadaichoornam can be used to cure the karappannoi in siddhararuwaimaruthuvam and karappanthailam can be used as external application to cure the karappannoi in therarthailavarkkam.

Ninety patients who had this symptom of karappannoi who attended Siddha medical clinics conducted in vadamarachi south, west piradeshasabah were selected for the study. The collected data were statistically recorded and analysis made. According to the analysis the signs and symptoms in 60% of those used Only this choornam started gradually disappearing. It was seen reduce the signs and symptoms to 50% of those who took only the karappanthylam for external use.

The signs and symptoms in 90% of those who took this choornam for internal use and karappanthilam for external use started gradually disappearing. The above all three groups observed diet restriction. But 5% of the group 2 and group 3 patients could not continue with the treatment as the karappanthailam was increased this karappannoi. Therefore parankippadaichoornam and karappanthailam are the best healer for karappannoi. These ingredients can be get anyone and there was a very small% of adverse effects observed by using of these medicines. Hence the karappannoi can be kept under control by using these medicines.

Keywords: Karappannoi, Parankaippadai, Eczema, *Smilax zeylanica*, Karappanthailam siddha maruyhuvam